### What Keeps People Away?



The Impact of Stereotypes and Stereotype Threat Lecia Barker

### Reasons few girls and women pursue computing

Stereotypes

Reduce confidence and interest

Affect Educational policies

Lack of information/misconceptions

Allow choices influenced by stereotypes

### Stereotypes: Generalized Beliefs

- Valuable mental shortcuts for quick decisions
- Combine cultural and real-life knowledge
- Associated with the members of a social group
- Superficial, easily-observed characteristics can lead us to draw inferences about traits we cannot immediately observe

Interests Likely reactions

Tendency to violence
Intelligence Life goals Upbringing

Affiliations Voting preferences Trustworthiness

### Stereotypes Are Good ...

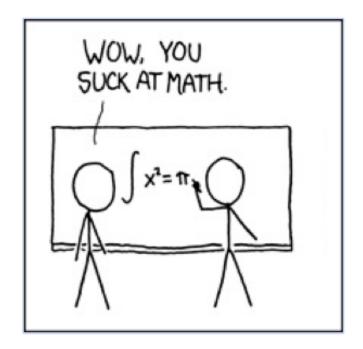
Mental shortcuts for generalizing knowledge to other situations





### And Stereotypes Are Bad ...

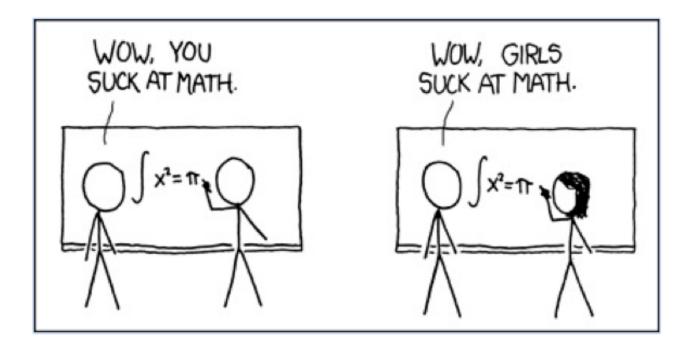
They can lead to mistakes, or miscategorization



Source: www.xkcd.org

### And Stereotypes Are Bad ...

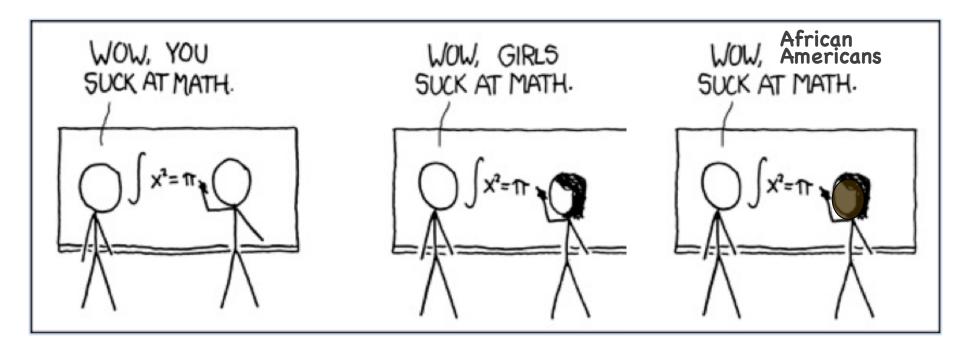
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Source: www.xkcd.org

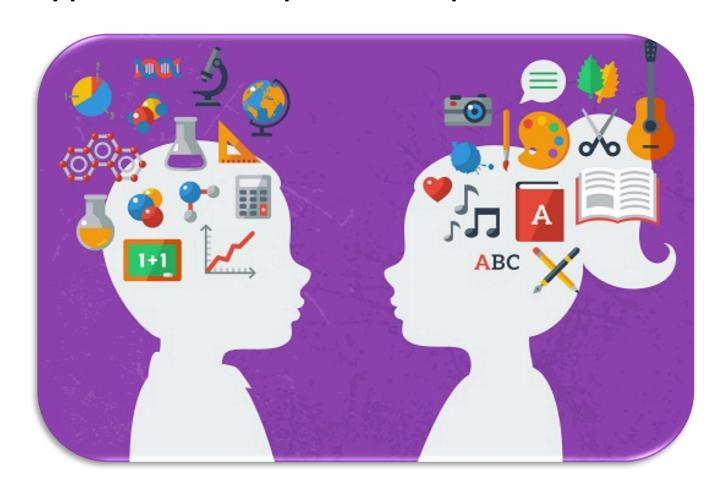
### And Stereotypes Are Bad ...

They can lead to mistakes, or miscategorization



Source: www.xkcd.org

### Stereotypes Can Shape our Expectations for Others



False dichotomies

What empirically identifiable attitudinal differences are *stable* across time in the U.S.?

Women	Men
Greater interest in protection of	Greater interest in warfare, warring
environment	technology
Reservation wages: lower	Reservation wages: higher

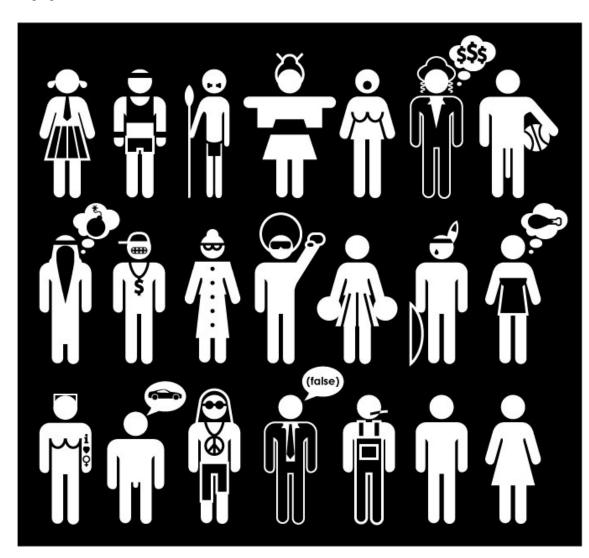
### Common Stereotype: Feminine ≠ Technical



### Stereotypes Aren't Just About Gender

Race Age Body mass Religion Social class

• • •



### Example: Who scores higher on math tests?

- A. White male engineering students
- B. Asian male engineering students

### Stereotypes Can Create Threatening Situations



Fear of confirming negative beliefs about my group ...

- » Hinders performance
- » Affects choices and aspirations
- » Leads to harsh personal standards, opting out if not met

Correll 2004; Chasteen et al. 2005

ncwit.org

## Stereotype Threat: Easy to Trigger; Affects Motivated Students

#### Some triggers:

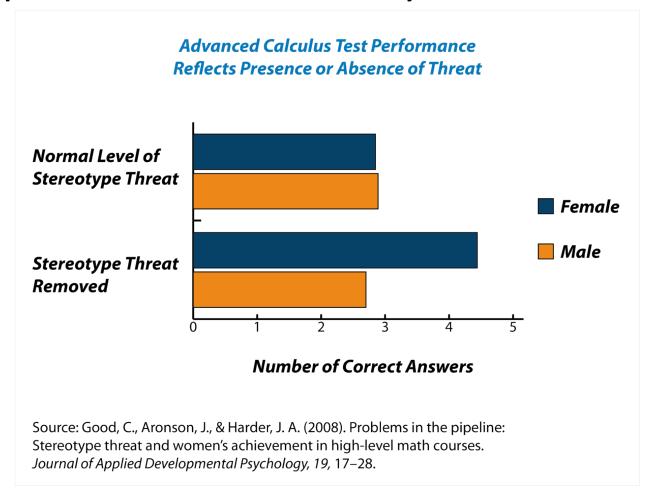
Gender imbalance in room

Stereotyped physical space

Attention called to gender



### Stereotype Threat Masks Ability



#### Remove threat and women test better

- » Advanced calculus course with 100 male, 57 female students
- » No gender difference in course grades
- » Significant difference in test performance without threat

## Stereotype Threat Reduces Learning and Persistence

Note-taking skill reduced by stereotype threat



### Stereotype Threat Reduces Feelings Of Belonging













Purdie-Vaughns et al., 2008, Journal of Personality & Social Psych.

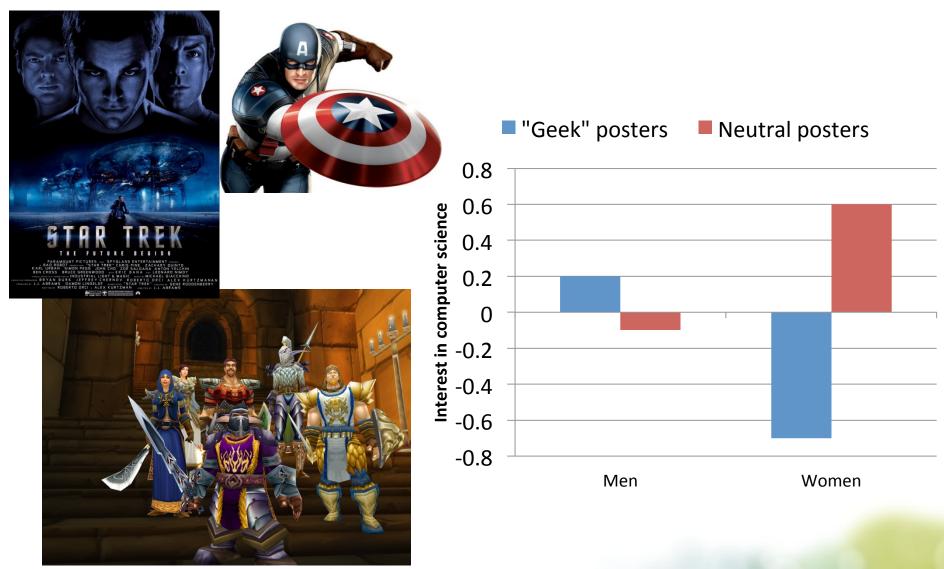
### I Don't Belong Here



Murphy, Steele, & Gross, 2007, Psychological Science

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### Stereotypic Physical Environments



### **Stereotypic Virtual Environments**





### Stereotype Threat Has Subtle Negative Effects Too

- » Don't speak up in groups or classes
- » Reluctant to take leadership roles
- » Discount their performance



### Mindset Amplifies Impact of Stereotypes

- Fixed or Growth?
  - Innate ability or developed mastery?
- Stereotypes imply that ability is innate

NCWIT Tips: 8 Ways to Give Students More Effective Feedback Using a Growth Mindset

Effective feedback gives students information they actually use to increase their learning and improve their performance. It should employ a "growth mindset"

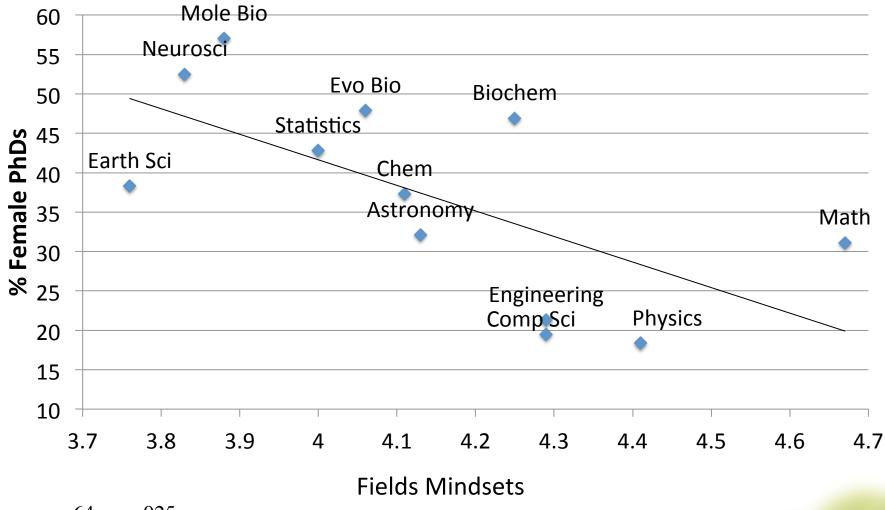


that focuses on developing intelligence through effort and practice, and "wise feedback" that spurs additional effort.

#### Fields Have General Mindsets

- Leslie, Cimpian, & Meyer assessed scholars' mindsets across 30 academic (12 STEM) disciplines
  - Being a top scholar in [math] requires a special aptitude that just can't be taught
  - When it comes to [math] the most important factors for success are motivation and sustained effort; raw ability is secondary

# Mindset Strongly Correlates With Women's Representation

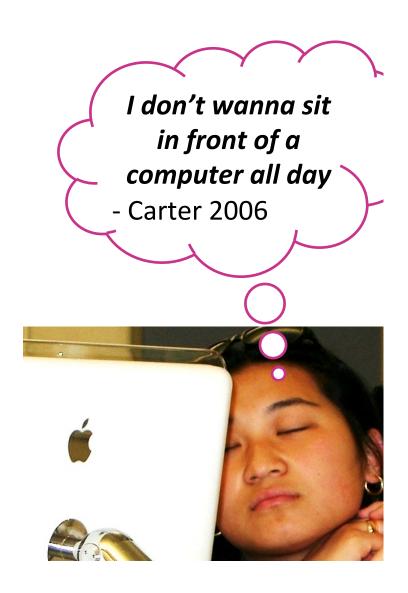


r = -.64, p = .025

Leslie, Cimpian, & Meyer

### Lack of Information and Misconceptions

- Computer science is what?
   Programming? Keyboarding?
   Excel spreadsheets?
- Few students, parents, or teachers know what computer scientists do
- Too many sources misinform and reinforce stereotypes



### Policies Allow Stereotype-Based Choice

Carter 2006

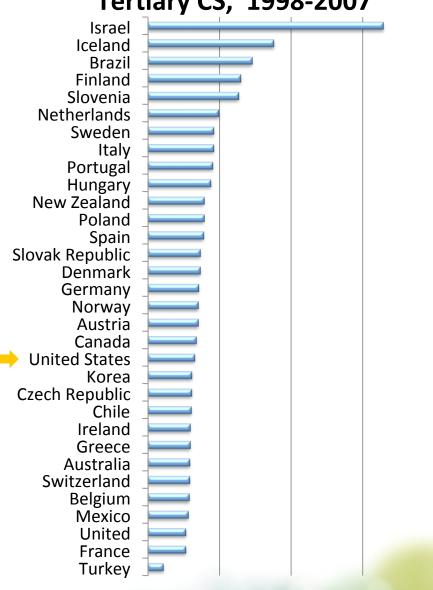
Charles & Bradley 2006



### Policies Steer Girls Away

- Choices made when gender stereotypes are most influential
- Fewer women in countries with
  - Belief in gender differences
  - Weak STEM requirements
- Restricted choices
  - Real CS rarely offered
  - Competes with electives

## Male Overrepresentation in Tertiary CS, 1998-2007



We can take action every day to change the stereotypes that shape thinking and policies.